

# AQA Sport Technical Award - CORE

## What will I learn?

The student will develop their practical skills in a variety of different sporting activities as a performer, coach and as an official. In addition there is a strong emphasis on developing their theory knowledge of the Sports Industry and the factors that affect performance.

## What do I need to know before I can start the course?

No specific knowledge is needed as it will follow on from the work the students have been doing within PE in Years Seven and Eight.

## What does the course involve?

The course comprises of three units.

Unit one is Practical player performance in which the learners develop their performance in two sports activities, and their ability to analyse their own performance and others.

Unit two is Coaching and officiating or organising a sports event/activity. They will coach a sport of their choice (from a prescribed list). They will have the choice of officiating or organising a sports event or activity.

Unit three the learners will study the fundamentals of the sports industry and its organisations.

Units one and two are assessed as course work whilst unit three is assessed in the form of two written exams.

## What can I do after the course? What careers will this course be useful for?

This course will develop a wide range of transferable skills such as self-appraisal, evaluation, leadership, communication, decision making and problem solving which are important in their future careers.

Specifically, students can progress to Technical Certificates and other Level 3 vocational qualifications such as BTEC National Diploma in Sports and A levels.

## Who can I talk to for more information?

Please see Mr Parry for further information.

## What websites can I check out?

[aqa.org.uk/3750](http://aqa.org.uk/3750)